

The 21st Annual



Unity of Heart وحدانية القلب

08/31/24-09/02/24



The Twenty first Annual - Good Shepherd's Servants' Retreat

Labor Day Weekend

08/31/24 – 09/02/24

Hilton Stamford Hotel & Executive Meeting Ctr

Stamford, CT



The 21th Annual Good Shepherd's Servants' Retreat

Hilton Stamford Hotel & Executive Meeting Center

1First Stamford Pl. Stamford, CT 06902

Phone: 203-967-2222

Grace and Peace from Our Lord God and Savior Jesus Christ. Enclosed you will find the agenda for the weekend retreat.

Just a few reminders and rules for this weekend's retreat so all can go smoothly:

- 1. This retreat is **SPIRITUAL** on a higher level. Please respect the schedule and attend **all** prayers, lectures and workshops.
- 2. The main halls for all conferences will be held at the Grand Ballroom.
- On 08/31/24, please be at the Hilton Stamford Hotel & Executive
 Meeting Center at 10:00 AM for registration and to begin the session at
 the Grand Ballroom. We are requesting for you to register b/w
 10:00AM-3:00 PM at the Lobby Area to receive your pamphlet and
 waterproof bracelet.
- 4. Hotel Check-in is @4:00 PM to receive your room key.
- 5. All the lectures for ages 19 & up will be at the *Grand Ballroom*. Once the Grand Ballroom is filled, there will be a second conference room, *Grove 1*, with a live feed audio and visual.
- 6. The Youth ages 9-13 will meet at the *Elm* and ages 14-18 will meet at the *Grove 2*
- Children ages 5-6 & ages 7-8 will Cove Room/Belltown. Ages 5-8 will be doing Various Activities. This room is not a babysitting center.
 Children ages 4 yrs & under (birth year 2020 & up) are not allowed in this room.
- 8. Children ages 0-4 years (birth year 2020 and up) must attend with their parents/guardians in the *Grove 1*. We will <u>NOT</u> provide babysitting for ages 0-4 years. There will be Audio/Visual available in that room for the parents/guardians.

- 9. Youth (teenagers) are not permitted to hang out, roam in hallways, or the lobby of the hotel after 11:30 PM. Parents/guardians are responsible for the whereabouts of your child at all times. Your child must be in their sleeping rooms no later than 11:30 PM. If this rule is not abided, unfortunately, you will not be able to come to the next convention.
- 10. Remember to bring your own Agpeya & Bible.
- 11. Both **liturgies** on Sunday, September 01, 2024 and Monday, September 02, 2024 will take place **in the Grand Ballroom**.
- 12. Breakfast, Lunch & Dinners are on your own.
- 13. Please <u>adhere to the schedule</u> and note that all meetings will start ON TIME!
- 14. Please ensure that your children adhere to their scheduled retreat activities as well. A special program has been designed to allow them a fun filled and spiritual weekend.
- 15. Please pick up your children (5-8 years old) from their Various Activities immediately following the end of each session.
- 16. **Only under their parent's supervision** can children go into the swimming pool. There is an indoor swimming pool.
- 17. Please feel free to make appointments for **confessions** with any available priests **but not during the lectures.**
- 18. For all visitors who have registered online, please see the retreat committee at the registration desk *Grand Ballroom Foyer of the Hotel*.

In Christ,

St. Mary & St. Antonious Good Shepherd's Servants

Virgin Mary & Archangel Michael Coptic Orthodox Church Hamden, Connecticut

The 21st Annual Good Shepherd's Servants' Retreat Agenda August 31, 2024 – September 02, 2024 www.oneflockoneshepherd.org

برنامج العائلات- Family Program	0-4 years old AND Parents Live	14-18 years old	9-13 years old	5-8 years old	0-4 years old
Theme: The Unity of Heart	Audio/Visual @	Theme: The Unity of Heart	Theme: The Unity of Heart	Various Activities	- ÷
Grand Ballroom	Saturday	Grove 2	Guest Speakers: Various Elm	Cove/Belltown	Grove 1
Registration/Rooms Check in Front Desk	10:00 AM - 3:00 PM		Registration/Rooms Check in @ Lobby HOTEL CHECK-IN TIME is 4:00 PM	k in @ 1E is 4:00 PM	
Greetings and Announcements	11:30 AM - 12:00 PM				i de
Hymns and Prayer	12:00 PM - 12:30 PM	Teambuilding Activities	Teambuilding Activities	Various Activities-Lesson, Arts, Music & Movie	U-4 & Parents Live
The Unity of Heart (I) وحداثيةُ القلب (I)	12:30 PM - 1:30 PM				Audio/visual
Free Time 1:30 PM – 2:30 PM	1:30 PM - 2:30 PM		Free Time 1:30 PM – 2:30 PM	30 PM	
Sayings of the Fathers	2:30 PM - 3:00 PM	2 11 16	7 (200) 10 10 10 10 10	Various Activities-Lesson, Arts,	0-4 & Parents
The Unity of Heart (II) وحداثية القب (II)	3:00 PM - 4:00 PM	(1) The Unity of Heart	(I) The Unity of Heart	Music & Movie	Live Audio/Visual
BREAK (4:00PM – 4:30 PM)	4:00 PM - 4:30 PM		BREAK (4:00PM – 4:30 PM)) PM)	
Hymns and Prayer	4:30 PM - 5:00 PM			Varions Activities-Lesson Arts	0-4 & Parents
The Unity of Heart (III) وحداثية القلب (III)	5:00 PM - 6:00 PM	Activities	Activities	Music & Movie	Live Audio/Visual
DINNER-OUT	6:00 PM - 8:00 PM		DINNER		
Sayings of the Fathers	8:00 PM - 9:00 PM	(II) The Unity of Heart	(II) The Unity of Heart	Various Activities-Lesson, Arts, Music & Movie	0-4 & Parents
The Unity of Heart (IV) وحداثية القلب (IV)	9:00 PM - 10:00 PM	The Unity of Heart: Grand Ballroom with Guest Speaker Fr. Daoud Lamei	The Unity of Heart: Grand Ballroom with Guest Speaker Fr. Daoud Lamei	Various Activities-Lesson, Arts, Music & Movie	Live Audio/Visual
تسبحة Free Time/	10:00 PM - 11:00 PM		Tasbeha with Fr. Daoud Lamei /Free Time	i/Free Time	
Good Night	11:00 PM		GOOD NIGHT		

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برنامج العائلات. Family Program	0-4 years old AND Parents Live	14-18 years old	9-13 years old	5-8 years old	0-4 years old
Theme: The Unity of Heart	Audio/Visual @ Grove 1	Theme: The Unity of Heart Guest Speakers: Various	Theme: The Unity of Heart Guest Speakers: Various	Various Activities	© 4 DD
برئامج العائلات- Family Program	0-4 years old AND Parents Live	14-18 years old	9-13 years old	5-8 years old	0-4 years old
Theme: The Unity of Heart	Audio/Visual @ Grove 1	Theme: The Unity of Heart Guest Speakers: Various	Theme: The Unity of Heart Guest Speakers: Various	Various Activities	@ 4 B
Grand Ballroom	Sunday	Grove 2	Elm	Cove/Belltown	Grove 1
القاس-The Holy Liturgy	7:00 AM - 9:00 AM		The Holy Liturgy @ Grand Ballroom	Ballroom	
Breakfast	9:00 AM -11:00 AM		BREAKFAST		
Hymns	11:00 AM - 11:30 AM	Praise & Worship Songs	Praise & Worship Songs	Various Activities-Lesson, Arts, Music & Movie	0-4 & Parents Live Audio/Visual
The Unity of Heart (V) وهنائية القلب (V)	11:30 PM - 12:30 PM	(III) The Unity of Heart	(II) The Unity of Heart	Various Activities-Lesson, Arts,	, a , a
BREAK	12:30 PM - 1:00 PM			Music & Movie	Live
The Unity of Heart (VI) وهدائية القلب(VI)	1:00 PM - 2:15 PM	Activities	Activities	Various Activities-Lesson, Arts, Music & Movie	Addito Visual
Free Time (2:15 PM – 3:30 PM) Lunch	2:15 PM - 3:30 PM		Free Time 2:15 PM – 3:30 PM LUNCH	10 PM	
Hymns and Prayer	3:30 PM – 4:00 PM			Various Activities, Lesson, Arts	
The Unity of Heart (VII) و حداثي ² القلب (VII)	4:00 PM - 5:00 PM	(IV) The Unity of Heart	(IV) The Unity of Heart	Music & Movie	0-4 & Parents
BREAK	5:00 PM – 5:15 PM		· - M	Various Activities-Lesson, Arts,	Audio/Visual
The Unity of Heart (VIII) وهدانية القلب (VIII)	5.15 PM - 6:15 PM	MOVIE	MOVIE	Music & Movie	
DINNER OUT	6:15 PM - 8:15 PM		DINNER		
The Unity of Heart (IX) (قطائية (قلبXI)	8:15 PM - 9:15 PM	The Unity of Heart @ Grand Ballroom with Guest Speaker Fr. Daoud Lamei	The Unity of Heart @ Grand Ballroom with Guest Speaker Fr. Daoud Lamei	Various Activities Lesson, Arts,	0-4 & Parents
Open Discussion/Debate	9:15 PM - 11:00 PM	Open Discus	Open Discussion/Debate	Music & Movie	Audio/Visual
GOOD NIGHT	11:00 PM				

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برنامج العائلات- Family Program	0-4 years old AND Parents Live	14-18 years old	9-13 years old	5-8 years old	0-4 years old
Theme: The Unity of Heart	Audio/Visual @ Grove 1	Theme: The Unity of Heart Guest Speakers: Various	Theme: The Unity of Heart Guest Speakers: Various	Various Activities	+ •
			GOOD NIGHT		
- Family Program -	0-4 years old AND Parents Live	14-18 years old	9-13 years old	5-8 years old	0-4 years old
Theme: The Unity of Heart	Audio/Visual @ Grove 1	Theme: The Unity of Heart Guest Speakers: Various	Theme: The Unity of Heart Guest Speakers: Various	Various Activities	4 • •
Grand Ballroom	Monday	Grove 2	Elm	Cove/Belltown	Grove 1
القداس -The Holy Liturgy	7:30 AM - 9:00 AM		The Holy Liturgy @ Grand Ballroom	Ballroom	
BREAKFAST	8:00 AM - 10:00 AM		BREAKFAST		
CHECK OUT	10:00 AM - 11:00 AM		CHECK OUT		
Hymns and Prayer	11:00 AM - 11:30 PM	Praise & Worshin	Praise & Worshin	Various Activities-Lesson, Arts.	0-4 & Parents
The Unity of Heart (X) وحداثية القلب (X)	11.30 PM - 12:30 PM	(V) The Unity of Heart	(V) The Unity of Heart	Music & Movie	Live Audio/Visual
Break	12:30 PM - 1:00 PM		Retreat Conclusion		
The Unity of Heart (XI) وحداثية القلب(XI)	1:00 PM- 2:00 PM		Farewell & Youth Group Pictures	defures	
Group Pictures	1:30 PM - 2:00 PM	Farewell & Gro	Farewell & Group Pictures – Grand Ballroom & Group Pictures with Fr. Daoud Lamei	up Pictures with Fr. Daoud Lamei	

The 21st Annual Good Shepherd's Servants' Retreat Youth Agenda August 31, 2024 – September 02, 2024 www.oneflockoneshepherd.org

	Youth Program for 14-18 years old	Youth Program for 9-13 years old	
	THEME: THE UNITY OF HEART	THEME: THE UNITY OF HEART	
	Guest Speaker: Various	Guest Speaker: Various	
Saturday	Grove 2 Conference Room	Elm Conference Room	Saturday
10:00 AM - 3:00 PM	Registration@ Lobby HOTEL	Registration@ Lobby HOTEL CHECK-IN TIME is 4:00 PM	10:00 AM - 3:00 PM
11:30 AM - 1:30 PM	Teambuilding Activities	Teambuilding Activities	11:30 AM - 1:30 PM
1:30 PM - 2:30 PM	Free Time 1:30	Free Time 1:30 PM – 2:30 PM	1:30 PM - 2:30 PM
2:30 PM – 4:00 PM	(I) The Unity of Heart	(I) The Unity of Heart	2:30 PM – 4:00 PM
4:00 PM - 4:30 PM	BREAK (4:00)	BREAK (4:00PM – 4:30 PM)	4:00 PM - 4:30 PM
4:30 PM - 6:00 PM	Activities	Activities	4:30 PM - 6:00 PM
6:00 PM - 8:00 PM	NIG	DINNER	6:00 PM - 8:00 PM
8:00 PM – 9:00 PM	(II) The Unity of Heart	(II) The Unity of Heart	8:00 PM – 9:00 PM
9:00 PM – 10:00 PM	The Unity of Heart- Grand Ballroom with Guest Speaker Fr. Daoud Lamei	The Unity of Heart- Grand Ballroom with Guest Speaker Fr. Daoud Lamei	9:00 PM – 10:00 PM
10:00 PM - 11:00 PM	Tasbeha with Fr. Daoud I	Fasbeha with Fr. Daoud Lamei @ Grand Ballroom	10:00 PM - 11:00 PM
11:00 PM	aoo5	GOOD NIGHT	11:00 PM
Sunday	Grove 2 Conference Room	Elm Conference Room	Sunday
7:00 AM - 9:00 AM	The Holy Liturgy (The Holy Liturgy @ Grand Ballroom	7:00 AM - 9:00 AM
9:00 AM – 11:00 AM	BREAI	BREAKFAST	9:00 AM – 11:00 AM
11:00 AM – 11:30 AM	Praise and Worship Songs	Praise and Worship Songs	11:00 AM - 11:30 AM
11:30 AM – 1:00 PM	(III) The Unity of Heart	(III) The Unity of Heart	11:30 AM - 1:00 PM
1:00 PM - 2:15 PM	Activities	Activities	1:00 PM - 2:15 PM
2:15 PM – 3:30 PM	Free Time 2:15	Free Time 2:15 PM = 3:30 PM	2:15 PM – 3:30 PM

August 31, 2024 – September 02, 2024 www.oneflockoneshepherd.org

					Sunday	3:30 PM - 5:00 PM	5:00 PM - 6:15 PM	6:15 PM - 8:15 PM	⁷ r. 8:15 PM - 9:15 PM	9:15 PM - 11:00 PM	11:00 PM	Monday	7:30 AM - 9:00 AM	8:00 AM - 10:00 AM	10:00 AM - 11:00 AM	11:00 AM - 11:30 AM	11:30 AM - 12:30 PM	12:30 PM – 1:00 PM	1:00 PM - 2:00 PM
www.onetlockonesnepnerd.org	Youth Program for 9-13 years old	THEME: THE UNITY OF HEART Guest Speaker: Various	Youth Program for 9-13 years old	THEME: THE UNITY OF HEART Guest Speaker: Various	Elm Conference Room	(IV) The Unity of Heart	Movie	NER	The Unity of Heart@ Grand Ballroom with Guest Speaker Fr. Daoud Lamei	Open Discussion/Debate	NIGHT	Elm Conference Room	® Grand Ballroom	BREAKFAST	KOUT	Praise & Worship	(V) The Unity of Heart	Retreat Conclusion	n Group Pictures
WWW.0netlocko	Youth Program for 14-18 years old	THEME: THE UNITY OF HEART Guest Speaker: Various	Youth Program for 14-18 years old	THEME: THE UNITY OF HEART Guest Speaker: Various	Grove 2 Conference Room	(IV) The Unity of Heart	Movie	DINNER	The Unity of Heart@ Grand Ballroom with Guest Speaker Fr. Daoud Lamei	Open Discus	GOOD NIGHT	Grove 2 Conference Room	The Holy Liturgy @ Grand Ballroom	BREAK	CHECK OUT	Praise & Worship	(V) The Unity of Heart	Retreat Conclusion	Farewell & Youth Group Pictures
					Sunday	3:30 PM - 5:00 PM	5:00 PM - 6:15 PM	6:15 PM – 8:15 PM	8:15 PM - 9:15 PM	9:15 PM - 11:00 PM	11:00 PM	Monday	7:30 AM - 9:00 AM	8:00 AM - 10:00 AM	10:00 AM - 11:00 AM	11:00 AM - 11:30 AM	11:30 AM - 12:30 PM	12:30 PM – 1:00 PM	1:00 PM - 2:00 PM

Bible Selection to Memorize قطع الحفظ

+ Ephesians 4:1-7

I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called,. 2- with all lowliness and gentleness, with longsuffering, bearing with one another in love,. 3- endeavoring to keep the unity of the Spirit in the bond of peace. 4- [There is] one body and one Spirit, just as you were called in one hope of your calling;. 5- one Lord, one faith, one baptism;. 6- one God and Father of all, who [is] above all, and through all, and in you all. 7- But to each one of us grace was given according to the measure of Christ's gift.

+ أفسس ٤ : ١ - ٧

١- فاطلب اليكم انا الاسير في الرب ان تسلكوا كما يحق للدعوة التي دعيتم بها. ٢-
بكل تواضع و وداعة و بطول اناة محتملين بعضكم بعضا في المحبة. ٣- مجتهدين ان
تحفظوا وحدانية الروح برباط السلام. ٤- جسد واحد و روح واحد كما دعيتم ايضا في
رجاء دعوتكم الواحد. ٥- رب واحد ايمان واحد معمودية واحدة. ٦- اله و اب واحد للكل
الذي على الكل و بالكل و في كلكم. ٧- و لكن لكل واحد منا اعطيت النعمة حسب
قياس هبة المسيح.

+ 1 peter 4:7-11

7- But the end of all things is at hand; therefore be serious and watchful in your prayers. 8- And above all things have fervent love for one another, for "love will cover a multitude of sins". 9- [Be] hospitable to one another without grumbling. 10- As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God. 11- If anyone speaks, [let him speak] as the oracles of God. If anyone ministers, [let him do it] as with the ability which God supplies, that in all things God may be glorified through Jesus Christ, to whom belong the glory and the dominion forever and ever. Amen.

<u>+ رسالة بطرس الأولى ٤: ٧ - ١١</u>

$V-$ و انما نهایة کل شيء قد اقتربت فتعقلوا و اصحوا للصلوات. $\Lambda-$ و لکن قبل کل
شيء لتكن محبتكم بعضكم لبعض شديدة لان المحبة تستر كثرة من الخطايا. ٩- كونوا
مضيفين بعضكم بعضا بلا دمدمة. ١٠- ليكن كل واحد بحسب ما اخذ موهبة يخدم بها
بعضكم بعضا كوكلاء صالحين على نعمة الله المتنوعة. ١١- ان كان يتكلم احد فكاقوال
الله و ان كان يخدم احد فكانه من قوة يمنحها الله لكي يتمجد الله في كل شيء بيسوع
المسيح الذي له المجد و السلطان الى ابد الابدين امين.

+ 1 Corinthians 13:1 – 13

1- Though I speak with the tongues of men and of angels, but have not love, I have become sounding brass or a clanging cymbal. though I have [the gift of] prophecy, and understand all mysteries and all knowledge, and though I have all faith, so that I could remove mountains, but have not love, I am nothing. 3- And though I bestow all my goods to feed [the poor,] and though I give my body to be burned, but have not love, it profits me nothing. 4- Love suffers long [and] is kind; love does not envy; love does not parade itself, is not puffed up;. 5does not behave rudely, does not seek its own, is not provoked, thinks no evil;. 6- does not rejoice in iniquity, but rejoices in the truth;. 7- bears all things, believes all things, hopes all things, endures all things. 8- Love never fails. But whether [there are] prophecies, they will fail; whether [there are] tongues, they will cease; whether [there is] knowledge, it will vanish away. 9- For we know in part and we prophesy in part. 10- But when that which is perfect has come, then that which is in part will be done away.of these [is] love – 11- When I was a child, I spoke as a child, I understood as a child, I thought as a child; but when I became a man, I put away childish things. 12- For now we see in a mirror, dimly, but then face to face. Now I know in part, but then I shall know just as I also am known. 13- And now abide faith, hope, love, these three; but the greatest of these [is] love.

+ رسالة كورنثوس الأولى ١:١٣ – ١٣

١- ان كنت اتكلم بالسنة الناس و الملائكة و لكن ليس لي محبة فقد صرت نحاسا يطن
او صنجا يرن. ٢- و ان كانت لي نبوة و اعلم جميع الاسرار و كل علم و ان كان لي
كل الايمان حتى انقل الجبال و لكن ليس لي محبة فلست شيئا. ٣- و ان اطعمت كل
اموالي و ان سلمت جسدي حتى احترق و لكن ليس لي محبة فلا انتفع شيئا. ٤- المحبة
تتانى و ترفق المحبة لا تحسد المحبة لا تتفاخر و لا تنتفخ. ٥- و لا تقبح و لا تطلب
ما لنفسها و V تحتد و V تظن السوء. V و V تفرح بالأثم بل تفرح بالحق. V
تحتمل كل شيء و تصدق كل شيء و ترجو كل شيء و تصبر على كل شيء. ٨-
المحبة لا تسقط ابدا و اما النبوات فستبطل و الالسنة فستنتهي و العلم فسيبطل. ٩-
لاننا نعلم بعض العلم و نتنبا بعض التنبوء.١٠- و لكن متى جاء الكامل فحينئذ يبطل
ما هو بعض.١١- لما كنت طفلا كطفل كنت اتكلم و كطفل كنت افطن و كطفل كنت
افتكر و لكن لما صرت رجلا ابطلت ما للطفل. ١٢- فاننا ننظر الان في مراة في لغز
لكن حينئذ وجها لوجه الان اعرف بعض المعرفة لكن حينئذ ساعرف كما عرفت. ١٣-
اما الان فيثبت الايمان و الرجاء و المحبة هذه الثلاثة و لكن اعظمهن المحبة

+ Psalm 83 (from Agpeya)

How beloved are Your dwellings, O Lord, God of hosts! My soul longs, and faints for the courts of the Lord: my heart and my flesh have exulted in the living God. For, the sparrow has found for himself a home, and the turtledove for herself a nest, where she may lay her young; Your altars, O Lord, God of hosts, my King, and my God. Blessed are all who dwell in Your house: they will praise You forever and ever. Blessed is the man whose help is from You, O Lord; he sets paths upward in his heart in the valley of weeping, in the place which he has appointed, for there the Law-Giver will grant blessings. They shall go from strength to strength: the God of gods shall be revealed in Zion. O Lord, God of hosts, hear my prayer: hearken, O God of Jacob. Behold, O God our defender, and look upon the face of Your anointed. For one day in Your courts is better than thousands. I chose to throw myself down in the house of God, more than to dwell in the tents of the sinners. For the Lord God loves mercy and truth; He shall give grace and glory: the Lord shall not withhold good things from those who walk in innocence. O Lord God of hosts, blessed is the man who hopes in You. ALLELUIA.

+ مزمور ٨٣ (من صلاة الساعه السادسة بالأجبية)

مَساكِنُك محبوبة يارب إله القوات. تشتاق وتذوب نفسى للدخول إلى ديار الرب. قلبى وجسمى قد ابتهجا بالإله الحى. لأن العصفور وَجَد له بيتاً واليمامة عُشاً لتضع فيه أفراحَها، مذابحَك يارب إله القوات ملكى وإلهى. طوبى لكل السكان فى بيتك، يباركونك إلى الأبد. طوبى للرجل الذى نَصَرْته من عندك يارب. رتب مَصَاعِدَ فى قلبه. فى وادى البكاء، فى المكان الذى قرره. لأن البركات يعطيها واضع الناموس. يسيرون من قوة إلى قوة. يَتَجَلّى إله الآلهة فى صهيون. أيها الرب إله القوات استمع صلاتى، أنصت يا إله يعقوب وأنظر أيها الإله ناصرنا، واطلع إلى وجه مسيحك. لأن يوماً صالحاً فى ديارك خير من آلاف. اخترتُ لنفسى أن أطرح على باب بيت الله أفضل من أن أسكن فى مظال الخطاة. لأن الرب الإله يحب الرحمة والحق، ويعطى مجداً ونعمة. الرب لا يمنع الخيرات عن السالكين بالدَّعَة. يارب إله القوات، طوبى للإنسان المتكل عليك. هللويا.

Notes

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ا بط ٣:٨ و النهاية كونوا جميعاً متحدي الرأي بحس واحد ذوي محبة أخوية مشفقين لطفاء .

"Finally, all of you, have unity of mind, sympathy, brotherly love, a tender heart, and a humble mind"

1 Peter 3:8